

**University of Groningen**

## **Spirituality and health: their associations and measurement problems**

Malinakova, Klára

**IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.**

*Document Version*

Publisher's PDF, also known as Version of record

*Publication date:*

2019

[Link to publication in University of Groningen/UMCG research database](#)

*Citation for published version (APA):*

Malinakova, K. (2019). *Spirituality and health: their associations and measurement problems*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen.

### **Copyright**

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

### **Take-down policy**

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

*Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.*

## **About the author**



Klára Maliňáková was born on 4th April 1983 in Ivančice, Czech Republic. She studied Molecular Biology and Genetics at the Faculty of Sciences, Masaryk University, Brno, and graduated in 2008. After that she studied Teacher Training in Biology, Masaryk University, Brno, Faculty of Sciences, which she finished in 2010. From 2008 she also worked as a pedagogue of leisure time activities and as a coordinator of volunteers in the Salesian Centre Brno-Zabovresky, where she stayed till 2014. The programs in the centre were aimed at the overall development of a person and at the prevention of health-risk behaviours through offering multiple leisure time activities.

In 2013 she began to attend a psychotherapy training in Existential Analyses under the Association for Logotherapy and Existential Analyses (Prague, Czech Republic) and in 2014 she attended a two-month program in St Beuno's Jesuit Centre of Spirituality in the United Kingdom. Since her return to Brno, she organises short seminars on spirituality development. Her cooperation with Olomouc University Social Health Institute (OUSHI) at Palacký University Olomouc began in 2014 by a work on a spirituality project of the National Scientific Agency (GA CR).

Since 2015 she has been a research worker and a PhD student of the Social and Spiritual Determinants of Health program at OUSHI and, since 2017, an academic worker there. As a part of a double degree PhD program, she is a PhD student at the University in Groningen. Her research focus is Spirituality and Health, at first with a strong accent on health behaviour, and recently on images of God and their associations with physical and mental health, also linked with an assessment of various physiological variables.

## Olomouc University Social Health Institute

Olomouc University Social Health Institute (OUSHI) was founded in 2011 and is hosted by Sts Cyril and Methodius Faculty of Theology of the Palacký University in Olomouc, Czech Republic. OUSHI provides general support for research and education in the area of social aspects of health. It focuses on research of psychological, social and spiritual determinants of health, epidemiology and public health.

OUSHI is collaborating with the Department of Community and Occupational Health, University Medical Center Groningen, University of Groningen, the Netherlands.

More information about OUSHI can be found at [www.oushi.upol.cz](http://www.oushi.upol.cz).

## Groningen Graduate School of Medical Sciences – Research Institute SHARE

This thesis is published within the **Research Institute SHARE** (Science in Healthy Ageing and healthcaRE) of the University Medical Center Groningen / University of Groningen. Further information regarding the institute and its research can be obtained from our internet site: <http://www.share.umcg.nl/>

More recent theses can be found in the list below.

((co-) supervisors are between brackets)

### 2019

#### **Riethmeister V**

Sleep and fatigue offshore

*(prof U Bültmann, prof S Brouwer, dr MR de Boer)*

#### **Maters GA**

Lungs under a cloud; psychological aspects of COPD

*(prof R Sanderman, dr JB Wempe, dr G Pool)*

#### **Timmeren EA van**

Physical health in adults with severe or profound intellectual and motor disabilities

*(prof CP van der Schans, prof HMJ van Schrojenstein Lantman-de Valk, prof AAJ van der Putten, dr A Waninge)*

### **Berghuis KMM**

Age-related changes in neural plasticity after motor learning

*(prof T Hortobay, prof G Koch, dr CAT Zijdewind)*

### **Ploegmakers JJW**

Grip on prognostic factors after forearm fractures

*(prof SK Bulstra, dr CCPM Verheyen, dr B The)*

### **Sas AA**

(Genetic) epidemiology of inflammation, age-related pathology and longevity

*(prof H Snieder, dr H Riese)*

### **Joustra ML**

Similar but different; implications for the One versus Many Functional Somatic Syndromes Discussion

*(prof JGM Rosmalen, prof SJL Bakker, dr KAM Janssens)*

### **Nandi T**

Neural control of balance in increasingly difficult standing tasks

*(prof T Hortobagyi, prof BE Fisher, dr CJM Lamothe, dr GJ Salem)*

### **Fontanella F**

Antenatal diagnosis and management of fetal megacystis and lower urinary tract obstruction

*(prof CM Bilardo, prof D Oepkes)*

## **2018**

### **Osterthun R**

Outcomes after spinal cord injury

*(prof MWM Post, dr F van Asbeck)*

### **Dammen L van**

Women's health and wellbeing: the roles of early life adversity, stress and lifestyle

*(prof A Hoek, prof TJ Rosenboom, dr H Groen, dr SR de Rooij)*

### **Dorland-Pel HF**

Work functioning in cancer patients: looking beyond return to work

*(prof U Bültmann, prof AV Ranchor, dr FI Abma, dr CAM Roelen)*

**Simoons M**

Somatic monitoring of patients with mood and anxiety disorders; problem definition, implementation and further explorations

*(prof EN van Roon, prof RA Schoevers, dr H Mulder, dr HG Ruhé)*

**Bouma AJ**

The barrier-belief approach; a new perspective of changing behavior in primary care

*(prof RL Diercks, prof A Dijkstra, prof CP van Wilgen)*

**Looijmans A**

Lifestyle interventions in patients with a severe mental illness; addressing self-management and living environment to improve health

*(prof RA Schoevers, prof RP Stolk, dr F Jörg, dr E Corpeleijn)*

**Phí XA**

Breast cancer screening in women at elevated risk; comparative evaluation of screening modalities to inform practice

*(prof GH de Bock, prof N Houssami, dr MJW Greuter)*

**Kooiman TJM**

The use of self-tracking technology for health

*(prof CP van der Schans, dr M de Groot, dr A Kooy)*

For more 2018 and earlier theses visit our website

ISBN 978-94-034-1705-9 (digital version)

ISBN 978-94-034-1706-6 (printed version)